

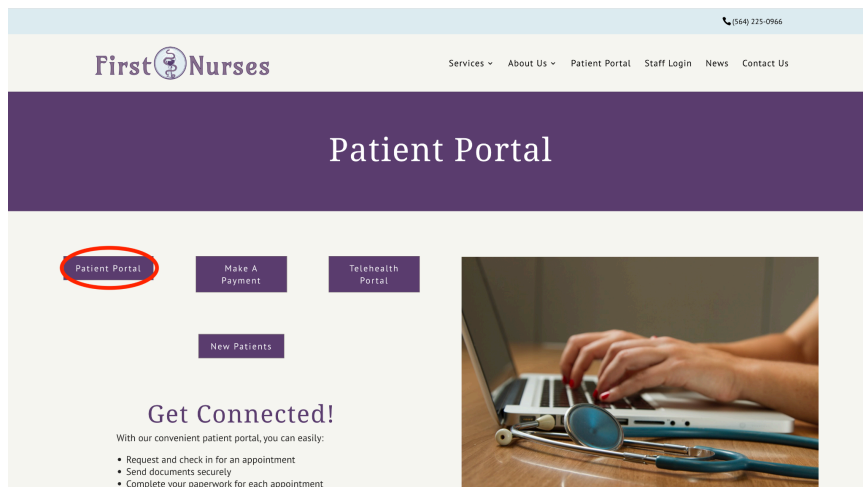
Integrity and Compassion Inspired by the

# First Nurses

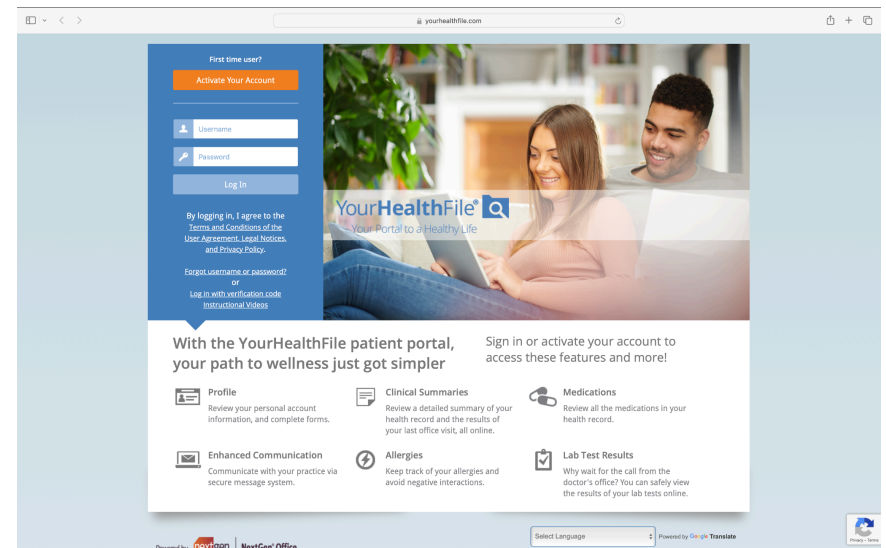
info@firstnurses.com | 17050 Pilkington Rd Suite 220 Lake Oswego OR 97035 | (564) 225-0966

## How to Request an Appointment

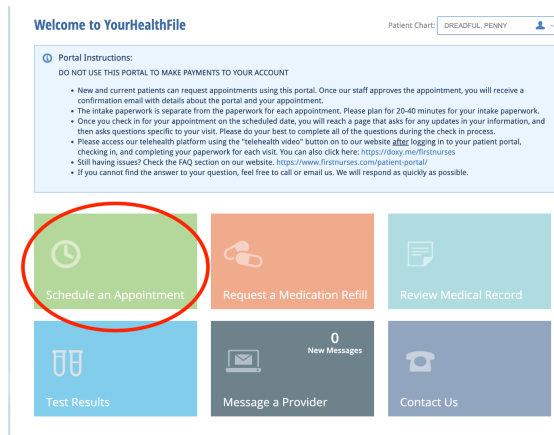
Start on the First Nurses Patient Portal Page located at <https://www.firstnurses.com/first-nurses-patient-portal/>



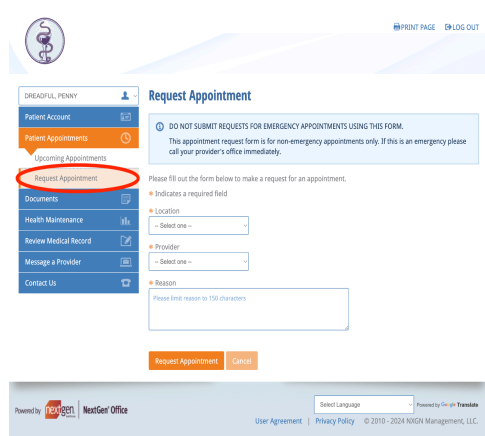
Clicking the purple "Patient Portal" button brings you to this page



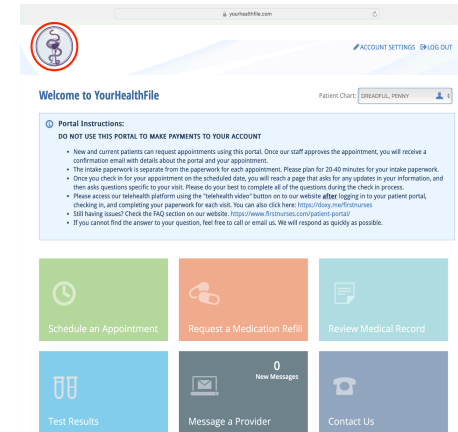
Once you have logged on (on the left) you see this page. You can request an appointment using this button.



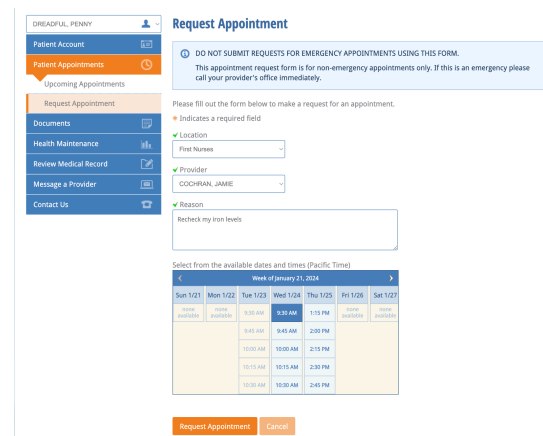
Use the menu on the left hand side to navigate. Click on the orange tab titled “request appointment”.



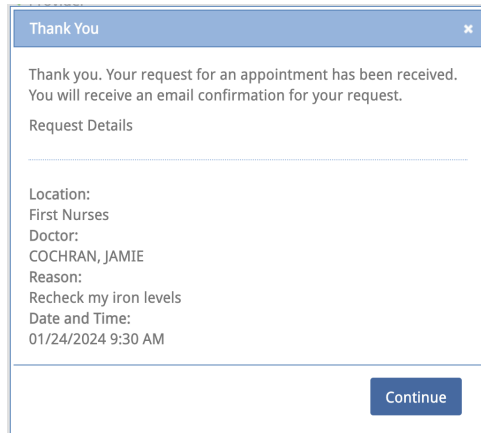
If this page doesn't appear, click the logo in the left upper corner.



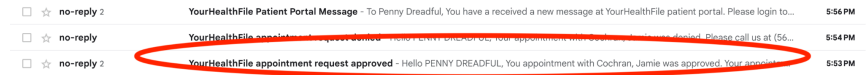
Type the reason, pick a date & time, then submit the request using the orange button at the bottom of the page.



You will get a confirmation of your request on the webpage.



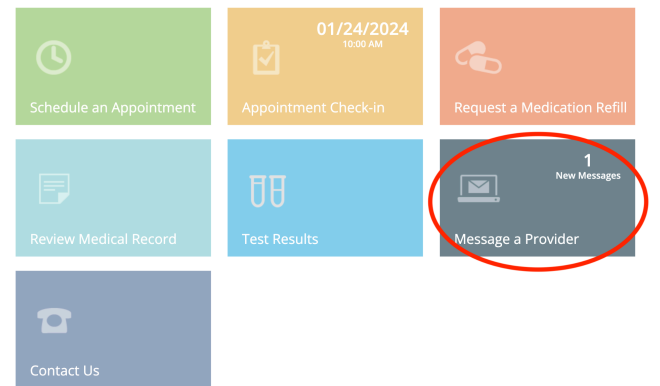
You will then get an email confirmation of the appointment once the clinic approves the request



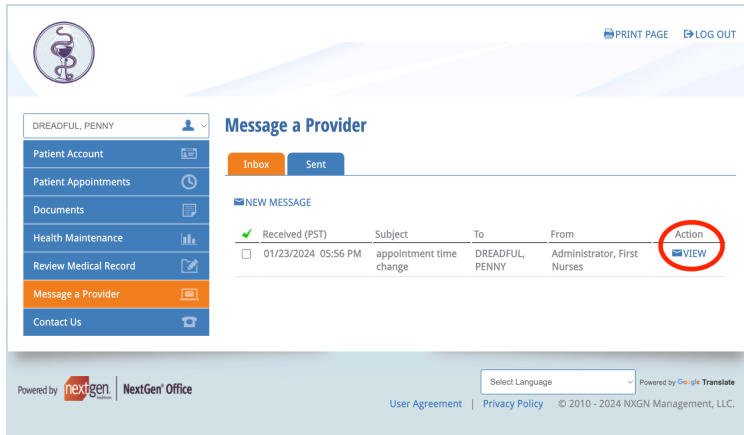
If we need to offer you a different time, or clarify, you will see an email instructing you that you have a message in the portal. You might also receive an email that your request was denied. Do not worry. This is likely due to the computer system settings.



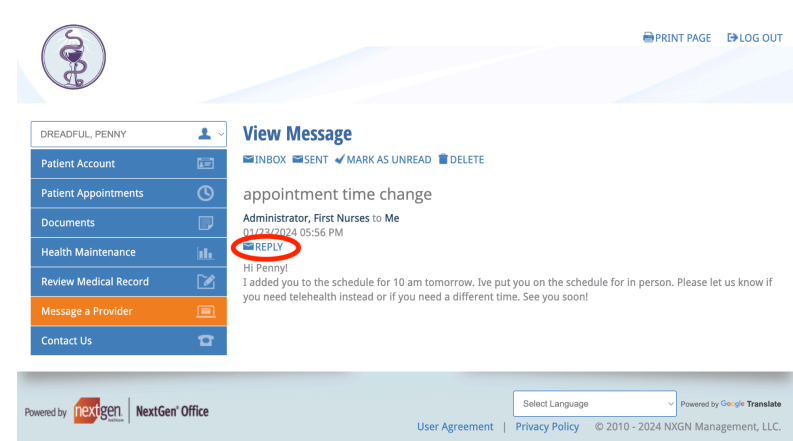
In your portal, you will now have a messages button



The message will be available when you click the “view” button.



You can reply to us using your portal by clicking ‘reply’



If you continue to struggle with these instructions, please contact the clinic using your portal, our email [info@firstnurses.com](mailto:info@firstnurses.com), or by phone at (564) 225-0966.