Integrity and Compassion Inspired by the



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How to Request an Appointment

Start on the First Nurses Patient Portal Page located at https://www.firstnurses.com/first-nurses-patient-portal/



 $\square \lor \langle \rangle$ ∆ + © a yourhealthfile.com Your Health File Q With the YourHealthFile patient portal, Sign in or activate your account to access these features and more! your path to wellness just got simpler Review a detailed summary of your health record and the results of your last office visit, all online. Medications Review all the medications in your Profile leview your personal account information, and complete forms. Enhanced Communication Lab Test Results Ø Allergies Why wait for the call from the doctor's office? You can safely view the results of your lab tests online. Keep track of your allergies and avoid negative interactions. ommunicate with your practice via C w nextgen | NextGen' Office

Clicking the purple "Patient Portal" button brings you to this page

Once you have logged on (on the left) you see this page. You can request an appointment using this button.

Portal Instructions:		
DO NOT USE THIS PORTAL TO MAKE P.	AYMENTS TO YOUR ACCOUNT	
New and current patients can re- confirmation email with details : The intake paperwork is separat Once you check in for your papo Please access our telehashin pla checking in, and completing you sill sharing issues 20 facek the FA If you cannot find the answer to	squest appointments using this portal. Once our staff ap about the portal and your appointment. If from the paper works for each appointment. Please place himment on the scheduled date, you will reach a page it from using the "release this work works and the scheduler date works and the scheduler date works and the scheduler paper works for each will, two can also citic here. Introp of section on our workslite. Intro: Annow This work works of scheduler and the scheduler date works and the scheduler your question, feel free to call or email us. We will resp	proves the appointment, you will receive a for 20-40 minutes for your Intake paperover, at at ask for any updates in your information, an at ask for any updates in your information, an ise failter logging is an adverted to the second (ridow medistructures) and as quickly as possible.
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Schedule an Appointment	Request a Medication Refill	Review Medical Record

Use the menu on the left hand side to navigate. Click on the orange tab titled "request appointment".

DREADFUL, PENNY	1 -	Request Appointment				
Patient Account		O DO NOT SUBJET DEQUSETS FOR ENERGENCY ADDRIVE USED CTUE FORM				
	C	(i) DD NOT SUBMIT REQUESTS FOR EMERGENCY APPOINTMENTS USING THIS FORM. This appointment request form is for non-emergency appointments only. If this is an emergency please				
Upcoming Appointments		call your provider's office immediately.				
Request Appointment	\supset	Please fill out the form below to make a request for an appointment.				
Documents	Ð	 Indicates a required field 				
Health Maintenance	bh.	Location Select one =				
Review Medical Record		Provider				
Message a Provider		- Select one - v				
	Ð	* Reason				
		Please limit reason to 150 characters				
		Request Appointment Cancel				

If this page doesn't appear, click the logo in the left upper corner.



Type the reason, pick a date \mathfrak{F} time, then submit the request using the orange button at the bottom of the page.

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	•	O NOT SUBMIT REQUESTS FOR EMERGENCY APPOINTMENTS USING THIS FORM.							
Upcoming Appointments	9	Th	is appoints Il your pro	nent requ vider's off	iest form is ice immed	for non-e lately.	mergency	appointm	ients only. If this is an emergency please
Request Appointment		Please fill	out the fo	rm below	to make a	request fo	r an appoi	intment.	
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eview Medical Record	2	- Provide							
Message a Provider		COCHRAN, JAMIE							
Contact Us	12	✓ Reason							
		Recheck	my iron leve	Is					
		Select fro	m the avai	lable date	s and time	s (Pacific T	ime)		
		<		Week	of January 21	2024		>	
		Sun 1/21	Mon 1/22	Tue 1/23	Wed 1/24	Thu 1/25	Fri 1/26	Sat 1/27	
		nore available		9:30 AM	9.30 AM	1:15 PM			
				2:45 AM	9.45 AM	2:00 PM			
				10:00 AM	10:00 AM	2:15 PM			
				10:15 AM	10:15 AM	2:30 PM			
				10:30 AM	10:30 AM	2:45 PM			

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You will get a confirmation of your request on the webpage.



If we need to offer you a different time, or clarify, you will see an email instructing you that you have a message in the portal. You might also receive an email that your request was denied. Do not worry. This is likely due to the computer system settings.



You will then get an email confirmation of the appointment <u>once</u> <u>the clinic approves the request</u>

🗌 🚖 no-reply 2	YourHealthFile Patient Portal Message - To Penny Dreadful, You have a received a new message at YourHealthFile patient portal. Please login to	5:56 PM
🗌 ☆ no-reply	YourHealthEile appointer and a second biore and the second biore	5:54 PM
🗌 🚖 no-reply 2	YourHealthFile appointment request approved - Hello PENNY DREADFUL, You appointment with Cochran, Jamie was approved. Your appoint	5:53 PM

In your portal, you will now have a messages button



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The message will be available when you click the "view" button.

You can reply to us using your portal by clicking 'reply'

	PRINT PAGE DLOG OUT		■PRINT PAGE ED LOG OUT
DREADFUL, PENNY	Message a Provider	DREADFUL, PENNY	View Message
Patient Account	Inbox Sent	Patient Account	■INBOX ■SENT ✓MARK AS UNREAD ■DELETE
Patient Appointments	NEW MESSAGE	Patient Appointments	appointment time change
Documents	Received (PST) Subject To From Action	Documents	Administrator, First Nurses to Me 01/23/2024 05:56 PM
Review Medical Record	O1/23/2024 05:56 PM appointment time DREADFUL, Administrator, First CHEW VIEW Change PENNY Nurses	Health Maintenance	Li Boomd
Message a Provider		Review Medical Record	In reminy: I added you to the schedule for 10 am tomorrow. Ive put you on the schedule for in person. Please let us know if
Contact Us		Message a Provider	Jou need cleneard material of a you need a unit clear and see you soon.
		Contact Us	
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If you continue to struggle with these instructions, please contact the clinic using your portal, our email info@firstnurses.com, or by phone at (564) 225-0966.

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