Integrity and Compassion Inspired by the



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How to Find Past Appointments in Your Patient Portal

First Nurses Patient Portal Page



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Clicking the purple "Patient Portal" button brings you to this page

yourhealthfile.com

Once you have logged on (on the left) you see this page. Click the "Review Medical Record" button.

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			ACCOUNT SETTINGS BLOG OUT	
	Welcome to YourHealthFile		Patient Chart: DREADFUL, PENNY	
	Portal Instructions: DO NOT USE THIS PORTAL TO MAKE P Wer and current patients can reque entimation erail with details abou The inske paperwork is separate for once you check in for your appointm men asis questions specific to your Prease access our televianib hardrom entimes access o	AYMENTS TO YOUR ACCOUNT appointments using this portal. Once our staff at the portal and your appointment. In the paperwork for each appointment. Please pi extension the scheduled date, you will reach a page with Please do your best to complete all of the qui using the "teshelshow" video 'button on to our ver- using the "teshelshow" video 'button on to our ver- tion on our website. https://www.firstum.ves.com question, feel free to call or email us. We will res	pproves the appointment, you will receive a an for 20-40 minutes for your intake paperwork. That asks for any updates in your information, and eitions during the check in process. White altest logging the your patient portal, logging the your patient portal, instant-portal/ portal sequeldy as possible.	
	Schedule an Appointment	Request a Medication Refill	Review Medical Record	
	Test Results	0 New Messages Message a Provider	Contact Us	

Use the menu on the left hand side to navigate.

If this page does not appear, click the First Nurses logo in the left upper corner.



Click on the orange tab titled "office visits".



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To view a past visit summary, click the "view" link to the right of that document.

To print or close that document, use the icons in the lower right hand corner.

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DiffEADFLA, PTENY Patient Account Patient Account Patient Account Documents Documents Documents Documents Health Maintenance Patient Summury Allergiss Immunizations Medical History Medical History Medications Office Values Problem List	Service Date Dector CORRAN, JAME COCHRAN, JAME COCHRAN, JAME		12/20/2023 Patient: DBLOPUL, PENNY (U TRANSVERIAL RES INFORMATION AND Provider: JAMEE COCHBAN, MSN, NPC Subjective Chief Complaint: Medication History:	male) DOB:12/21/1969 (53) Previous S01 Name: COM Previous Mame: Receiving Receiving Secual Orientation: Gender Identity: Referring;	Encounter ID: 122023-176577579 Primary Ins: Blue Cross Blue Shield Oregon (Regence BCIS OR)	Location: First Nurses 1700 Pilong Laid Devego, USAU25 0066 (564225 0066	un Rd Ste 220 18 97035- Enco
Social History			Date Medication		Sig	# Refill	Status
Message a Provider			12/02/2023 Ozempic 2 mg/do: 08/02/2023 haloperidol lactate	e (8 mg/3 mL) subcutaneous pen injector 5 mg/mL intramuscular syringe	6 unit below the skin every 3 hours 5 mL intramuscular single dose	4800 23 0 0	Active
Contact Us	•					Prin	t Version Close
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If you continue to struggle to find the document you are seeking, please contact the clinic using your portal, our email info@firstnurses.com, or by phone at (564) 225-0966.

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