

Integrity and Compassion Inspired by the

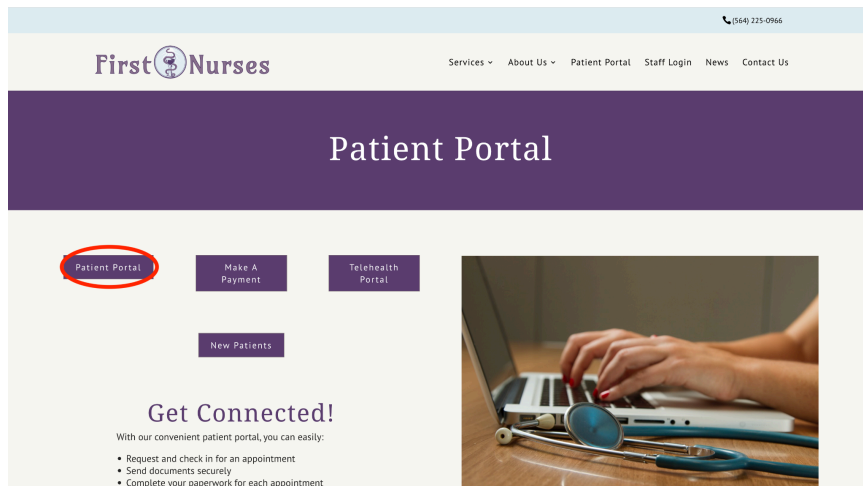


info@firstnurses.com | 17050 Pilkington Rd Suite 220 Lake Oswego OR 97035 | (564) 225-0966

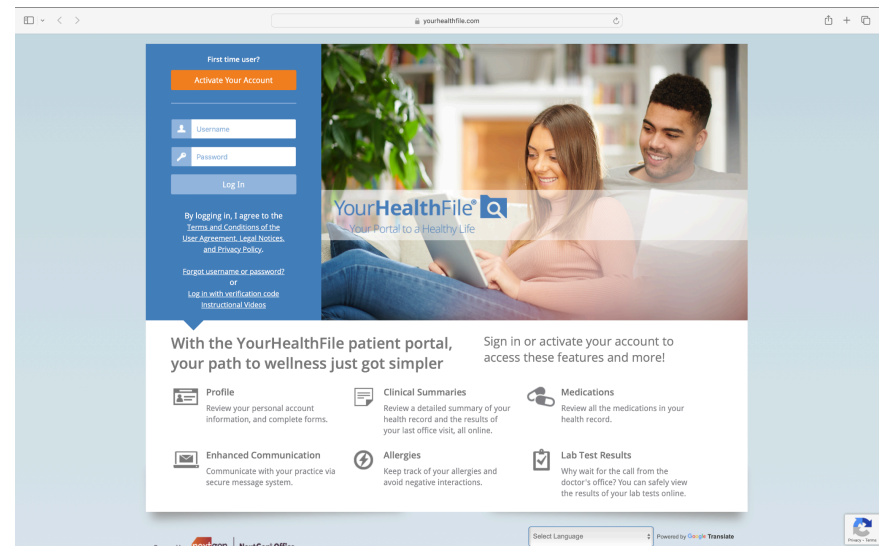
How to Check In for Your Appointment

Please complete these steps before your scheduled appointment. This will take between 15 and 45 minutes.

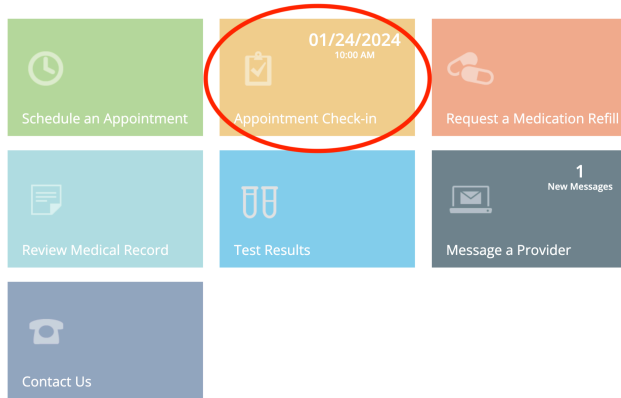
Start on the First Nurses Patient Portal Page located at <https://www.firstnurses.com/first-nurses-patient-portal/>



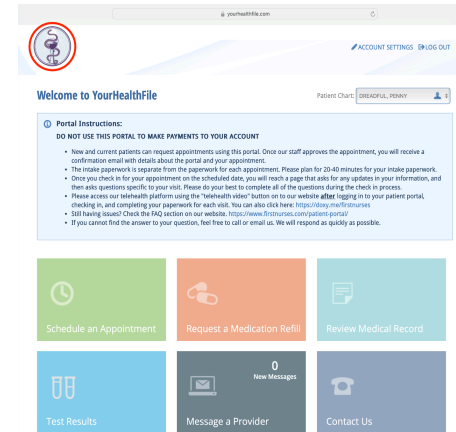
Clicking the purple “Patient Portal” button brings you to this page



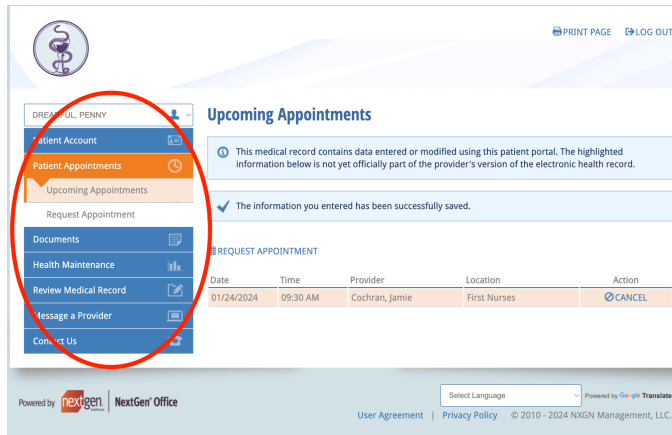
Once you have logged on (on the left) you see this page. You can check in for your appointment using this button.



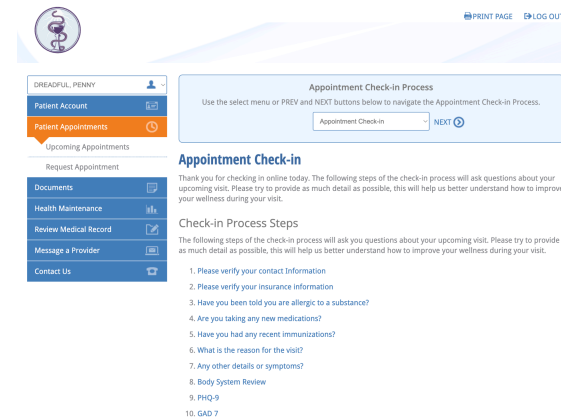
If this page doesn't appear, click the logo in the left upper corner.



Use the menu on the left hand side to navigate to upcoming appointments and click "check in"



This is the first page of the check in process



You can change or update your information from here. Click 'next' when you're ready to move forward.

Appointment Check-In Process
Use the select menu or PREV and NEXT buttons below to navigate the Appointment Check-In Process.

PREV Please verify your contact information NEXT

Please verify your contact information

UPDATE PATIENT INFORMATION

Patient Information

Name: PENNY DREADFUL
Date of Birth: 12/21/1969
Sex: Female
Race: White
Ethnicity: Not Hispanic or Latino
Language: English
Country: United States of America

Contact Information

Address: 2012 Kurfax Abby, Transylvania, AR 72901
Home Phone: (501) 646-0614
Preferred Method of Contact: Home Phone
Email: INFO@FIRSTNURSES.COM
Written Contact Preference: Postal Mail

Emergency Information

Emergency Name: VLAD THEIMPALER
Emergency Phone: (564) 225-0966
Relation to Patient: Other

Say you need to add an allergy. Click the 'add allergy' plus sign

Appointment Check-In Process
Use the select menu or PREV and NEXT buttons below to navigate the Appointment Check-In Process.

PREV Have you been told you are allergic? NEXT

Have you been told you are allergic to a substance?

ADD ALLERGY

Allergen	Adverse Reactions	Type	Action
silver	Hives	Allergy to Substance	

There is a 'drop down' menu for common allergies.

Appointment Check-In Process
Use the select menu or PREV and NEXT buttons below to navigate the Appointment Check-In Process.

PREV Have you been told you are allergic? NEXT

Update Allergies
* Indicates a required field

Allergy: --Allergies--

Adverse Reactions:

- Abdominal Pain
- Anaphylaxis
- Anxiety
- Arthritis
- Chest Tightness
- Diarrhea
- Erythema Multiforme
- Fainting
- Hives
- Itching
- Kidney Inflammation
- Lip Swelling
- Nausea
- Papulitosis
- Photo-Sensitivity
- Rash
- Respiratory Distress
- Throat Swelling
- Vomiting
- Wheezing

What year did your adverse reactions for this allergy begin?
YYYY

Save Allergy Cancel

If your specific allergy is not listed, pick 'other' and type in your allergy

Appointment Check-In Process
Use the select menu or PREV and NEXT buttons below to navigate the Appointment Check-In Process.

PREV Have you been told you are allergic? NEXT

Update Allergies
* Indicates a required field

Allergy: Other Allergies

Search Allergies

Search an allergy

Adverse Reactions:

- Abdominal Pain
- Anaphylaxis
- Anxiety
- Arthritis
- Chest Tightness
- Diarrhea
- Erythema Multiforme
- Fainting
- Hives
- Itching
- Kidney Inflammation
- Lip Swelling
- Nausea
- Papulitosis
- Photo-Sensitivity
- Rash
- Respiratory Distress
- Throat Swelling
- Vomiting
- Wheezing

What year did your adverse reactions for this allergy begin?
YYYY

Save Allergy Cancel

Once you save this information, the 'allergies' screen will be updated. Continue with the check in using the 'next' arrow as before.

Always save your changes with the orange button at the bottom of the screen.

The screenshot shows the 'Update Allergies' section of the patient portal. It includes a search bar for allergies, a list of adverse reactions with checkboxes, and a text field for the year the reaction began. At the bottom, there are 'Save Allergy' and 'Cancel' buttons. The 'Save Allergy' button is circled in orange.

You can type any specifics in the space provided. Your details in your words are **very** helpful to staff and our nurse practitioner. Remember to save your changes.

The screenshot shows the 'Body System Review' section. It contains several questions with 'Yes' and 'No' buttons, and text input fields for explanations. At the bottom, there are 'Save' and 'Reset' buttons. The 'Save' button is circled in orange.

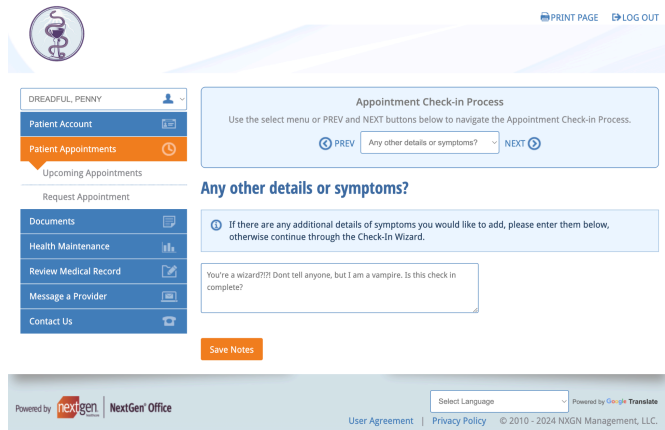
Please complete the questions to the best of your ability. The first set of questions are about the reason you are being seen.

The screenshot shows the 'Appointment Check-in Process' screen. It features a navigation menu on the left and a main content area with questions. The 'Next' button is circled in orange.

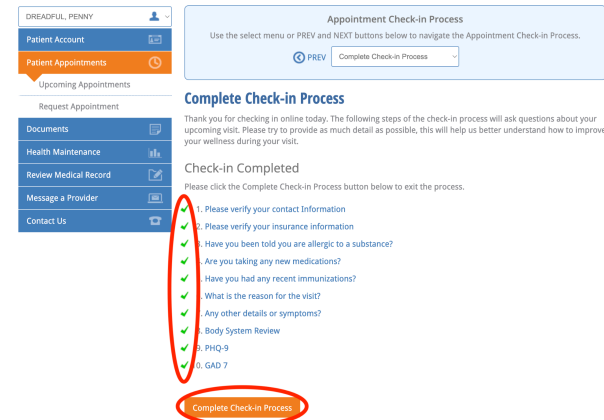
You may have other symptoms. Please make sure to also complete the 'Body System Review' section. Remember, you can navigate using the arrow buttons shown here.

The screenshot shows the 'Body System Review' section. It includes instructions for new and established patients, a 'MARK ALL "NO"' button, and a grid of body system categories with 'Yes' and 'No' buttons. The 'Next' button is circled in orange.

There is a space to add notes at the end of the check in, if needed.



Make sure to click the orange "complete check in process" button!



You are now checked in! See you at your appointment!

If you continue to struggle with these instructions, please contact the clinic using your portal, our email info@firstnurses.com, or by phone at (564) 225-0966.